## **Good Deeds Day**



## **Challenges Arising from Feminine Hygiene Issues:**

The World Health Organization reports that approximately 2 billion people lack access to proper sanitation facilities globally, with only 16% of women in India having access to sanitary napkins. Furthermore, 82% of females in India lack knowledge about sanitary napkins, including well-educated women. Poor menstrual hygiene not only poses health risks but also contributes to the scarcity of sanitary pads, particularly affecting rural and semi-urban areas due to the COVID-19 pandemic. Challenges are exacerbated by disruptions in manufacturing and supply chain issues.

## Workshop

Improving sanitation facilities impacts the lives of 1.25 billion women, making their lives safer and healthier. Cleanliness in organizations, particularly restroom facilities, reflects an organization's commitment to hygiene. Businesses should focus on enhancing restroom facilities while concurrently addressing menstrual hygiene management. On 12<sup>th</sup> April 2022, IND UNITED in collaboration with iVolunteer, conducted a workshop on menstrual hygiene at Govt. Sr Sec School, Chakkarpur. The workshop aimed to educate senior section girls about menstrual hygiene, encouraging open conversations about the topic. Initially shy, the girl students actively engaged in discussions as the workshop progressed. Free pads and refreshments were provided, and the school's principal played a supportive role in ensuring the workshop's success.

## Ending the day with sandwich distribution

At the end of the workshop, sandwiches were distributed to all the mid to high school students regardless of whether they attended the workshop or not. It was a wholesome as every child enjoyed their sandwiches and beverages with each other while discussing about the workshop, hence increasing their knowledge and completing our goal of spreading awareness.

Report by, Zayd Akhtar April 14, 2022

Note: Attached pictures below











